

# REDHOUSE FARM

POP IN FOR A GREAT START TO YOUR DAY WITH BREAKFAST AND BRUNCH THAT'S ALL ABOUT KEEPING THINGS TASTY AND HEALTHY.

WE'RE OPEN AND READY TO WELCOME YOU FROM 9AM TO 3PM  
MONDAY, WEDNESDAY TO SATURDAY.

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## THE FULL WORKS

BACON, SAUSAGE, BLACK PUDDING, ROASTED TOMATOES, SAUTÉED MUSHROOMS, EGGS, BEANS, HASH BROWN. **12**

## EGGS BENEDICT

CLASSIC BACON **12** MUSHROOM & SPINACH **11**  
SMOKED SALMON **13**

## PORRIDGE

NUTRITIOUS BOWL OF QUINOA AND CHIA PORRIDGE WITH MIXED FRUITS AND TOASTED NUTS **8**

## HASH DISHES

**SWEET POTATO HASH** - GREEN SEASONALS, ROASTED PEPPERS, AND ONIONS ON SOURDOUGH, FRIED EGG **9.50**

**CHORIZO & KALE HASH** - CHORIZO AND KALE, ROASTED PEPPERS AND ONIONS, SERVED ON SOURDOUGH, WITH A FRIED EGG **10.50**

**SHAKSHUKA** - MIXED BEANS IN A SPICED TOMATO & PEPPER SAUCE, WITH BAKED EGGS, FETA CHEESE, AND TOASTED SOURDOUGH **9.50**

## NOURISHING BOWLS

CHOOSE FROM FOUR SELECTIONS

**FALAFEL DREAM BOWL** - BEETROOT FALAFEL ALONGSIDE CREAMY HUMMUS, QUINOA, BULGAR WHEAT, RED CABBAGE SAUERKRAUT, CRISPY CHICKPEAS, AND TOASTED SEEDS **9**

**CHICKEN & KALE ENERGY BOWL** - CHICKEN WITH AVOCADO, KALE, QUINOA, ALL DRIZZLED WITH A SUNDRIED TOMATO SAUCE **10**

**SWEET POTATO & GRAIN BOWL** - ROASTED SWEET POTATO WITH BROWN RICE, QUINOA, HENS EGG, ROCKET, AND A TANGY LEMON DRESSING **9**

**AÇAÍ POWER BOWL** - A MIX OF AÇAÍ, BANANAS, GRANOLA, PECANS, HONEY, CHIA SEEDS, KIWI, AND BLUEBERRIES **10**

## GARDEN BREAKFAST

VEGGIE SAUSAGE, ROASTED TOMATOES, SAUTÉED MUSHROOMS, HALLOUMI, AVOCADO, EGGS, BEANS, HASH BROWN. **12**

## FRENCH TOAST

CHANTILLY CREAM, BUTTERSCOTCH SAUCE, SEASONAL FRUITS **8.50**

## AVOCADO SOURDOUGH

AVOCADO WITH CHILLI, LIME, CORIANDER ON TOASTED SOURDOUGH WITH TOASTED SEEDS, POMEGRANATE. **8.50**  
(ADD EGG FOR 1)